



SEBEKA PUBLIC SCHOOL

David G. Fjeldheim—Superintendent
Amie Westberg - K-12 Principal
Rachel Kern - K-12 Counselor
Jon Lillquist - Activities Director

Independent School District 820
200 1st Street NW
P.O. Box 249
Sebeka, MN 56477
218-837-5101

Welcome Back!

Recently, our COVID-19 response team met to address and set our COVID guidelines for the 2021-2022 school year. This includes mitigation strategies as we continue to do our part in reducing the spread of the coronavirus. We took a look into what was effective for our school community and what we have navigated through the pandemic thus far. To best prepare you for the 2021-22 school year, in addition to the 2021-22 School Opening Plan, here is what we currently have in place. We will continue to monitor and evaluate our practices. Please note that ***these guidelines are subject to change at any time.***

Face Coverings

CDC recommends universal indoor masking for all teachers, staff, students, and visitors to K-12 schools, regardless of vaccination status. At this time, Sebeka School does not require face coverings during the school day or after-school activities, including sports. ***However, masks will be required while on a school bus per federal guidelines regarding public transportation.***

COVID-19 School Guidelines

If your child has two or more COVID-19 symptoms we will call you to pick up your child from school. Your child will need to wear a mask while they wait for their ride in the health office.

Your child may return to school if;

- They have been tested and results are negative
- Fever free (without fever reducing medication)
- Symptoms have improved

Note: if your child is symptomatic and is awaiting test results they will need to stay home until results are known.

COVID symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Positive Case

When testing positive for COVID-19, MDH recommends 10 days of quarantine. At this time, if your child tests positive for COVID-19 and has symptoms they must stay at home for 7 days from the time the symptoms started. If they have no symptoms but test positive, they must stay home for 7 days counting from the day they were tested.

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Eric Nelson-Director

Charles Funk -Vice Chair
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Your child may return after 7 days if;

- Fever free (without fever reducing medication)
- Symptoms have improved
- Must wear a mask for the remaining days 8-10. If not able to mask, they will need to complete the 10 day quarantine.

Close Contact

If your child was in close contact with a lab confirmed positive case while at school we will contact you so that you may monitor your child closely for symptoms.

Household Positive

If someone in your household tests positive for COVID-19, your *non symptomatic* child(ren) will need to stay home for 7 days and must be symptom free to return. If they develop symptoms during those 7 days, please contact the health office for further guidance.

Immunity

Your child will not need to quarantine if they have had a lab confirmed positive case within the last 90 days or are fully vaccinated.

Testing

We are working to get more testing options for you. If we do offer testing again, we would use zoom enabled Vault saliva tests. These will not be mandatory but just another local option for families to be able to test. If your child is kept home from school due to symptoms they will need to obtain a test through a healthcare provider.

If you have any questions or concerns please contact the health office.

Thank you!

Amie Westberg
K-12 Principal
218-837-5101

Nicole Ervasti, LPN
Health Office
218-837-5101, Ext. 129

Updated: 09-09-2021

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